



ADVENTures *a weekly newsletter*

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Welcome to Advent Episcopal Church and may God bless your worship today!

May 26, 2024 The First Sunday after Pentecost



Trinity Sunday

Trinity Sunday is the first Sunday after Pentecost in the liturgical calendar, and is the day on which the Doctrine of the Trinity has been celebrated since the late middle ages. With Trinity Sunday, we see the culmination of our Lord's teachings as set forth in the creed. Now it is up to us to grow and mature, as seems to sum up best the purpose of the six months long season of Pentecost. We must grow and develop in the love of God the Father, the Son and the Holy Spirit. The color for Trinity Sunday is White.

University Hospital Offers a FREE CT Scan of Your Heart Looking for Clogged Arteries

University Hospital offers a screening test called cardiac CT imaging for coronary artery calcium scoring. It's looking for coronary blocks and clogged arteries. This test has been shown by many studies in medical literature to predict future risk of heart attack and stroke. While coronary artery scoring is costly at other health systems and generally not covered by insurance, University Hospitals offers the test at no cost. A calcium score test is a noninvasive, low dose CT scan, performed without an intravenous line or any contrast dye. The appointment takes approximately 20 to 30 minutes, with the actual CT scan about 10 to 15 minutes of that time. Coronary calcium scoring involves a small portion of radiation, similar to or lower than that used in other screenings. The test measures the amount of calcium that has accumulated in the walls of the coronary arteries and provides what is termed a "coronary artery calcium score" to help interpret your risk level. In order to receive a no cost calcium score test you must have an order from a physician. Ask a primary care physician for an order for a calcium score test. I just received my CAC score and there's real peace of mind in knowing your risk level. How many times do we hear of people who have a stroke or heart attack with no prior knowledge of their having any issues? Here's a link to a UH site. Watch the video.

https://www.uhhospitals.org/services/heart-and-vascular-services/conditions-and-treatments/calcium-scoring-program?utm_source=google&utm_medium=cpc&utm_campaign=Harrington|Search-

Crushers Game:

There is currently a clipboard going around to see how many people are interested in going to a game on July 3rd, please place your name on the list if you want to attend.

The board for the actual sign-up and cost will be out in Mid-June.

Thanks

This Week at Advent

Sunday, May 26

8:00 a.m. Holy Eucharist
9:00 a.m. Choir Rehearsal
9:00 a.m. Bible Study
10:00 a.m. Holy Eucharist

Monday, May 27

Tuesday, May 28

Wednesday, May 29

7:00 a.m. Men's Bible Study at Advent
9:00 a.m. Wednesday Morning Prayer Group

Thursday, May 30

Friday, May 31

Sunday, June 2

8:00 a.m. Holy Eucharist
9:00 a.m. Choir Rehearsal
9:00 a.m. Bible Study
10:00 a.m. Holy Eucharist

Prayer Request

Health and Recovery

Joan Joye Jennifer & Peter Meckes
Mary Lou Dixon Marilyn Decker Stacey Smith
Shirley Moore Barb Frank Sue & Steve Boyce
Michael Uhrich Jack Morgan
Sharon Rice Bill & Judy Arkley Dave Luptak
John Crothall Anne Crothall Bev Cummings
Bill & Joyce Carangio Pat Perris
John Vasicek Nita Ritchie Richard Guzowski
Cynthea Sabolich Nancy & Ed Medley
Barbara & Max Gage

Friends of Advent

Wendy & Jim Johnson Bill Liptak Ray Coy
Eliza Jennings residents
Residents of Pinzone Tower Carole & Gary Conaway
Andrew Bodi & Bodi Family,
Gabe, grandson of Jan & Jerry Nagy
Dar Khoury's Mom
Jan, Peggy and Pat, friends of Beverly Cummings
Pastor Julia Wertz, Pole and Easton Methodist Church
Jeff Campbell, nephew of Mary Lou Dixon
Baby Ruby, Pat, Joyce, Sandy, Kurt, Rita, Derek, Josh, and Janet, friends of Sue Boyce
Ann, sister of Mary Lou
Cade and the Maurer Family, friends of Denise Geyer-Keller
Melissa, friend of Joan Joye
Ernie, friend of Katherine Jensen
Stephen Masih + Church in India
Elizabeth Haas

Safety Protection

First Responder Capt. Jason Evans IPFCA Chaplin
David Arkley, son of Bill & Judy Arkley
Rachel Moffitt, ER Nurse daughter of Bill & Judy Arkley
All Workers at Cleveland Crisis Pregnancy Center
Please contact the church office if you would like your name added or removed from our list.

Server Schedule Today, May 26

8:00 a.m.

Assistant Kathleen Huffman

10:00 a.m.

Assistant Denise Geyer-Keller

Lector Denise Geyer-Keller

Prayers of the People Denise Geyer-Keller (Form 5)

Usher Peter Meckes

Intercessory Prayer Ray Busony

Counter Susan Boyce (5/27)

Close Advent Ray Busony

Server Schedule Sunday, June 2

8:00 a.m.

Assistant Dick McCormick

10:00 a.m.

Assistant Dick McCormick

Lector Dick McCormick

Prayers of the People Dick McCormick (Form 2)

Usher Max Gage

Intercessory Prayer Ray Busony

Counter Susan Boyce (6/3)

Close Advent Max Gage

Note: It is your responsibility to contact another volunteer directly to take your place. Please call the office with all changes. Thank you.

Zoom Invitation

This is a recurring invitation for worship services at 10:00 a.m. each Sunday morning. You can use the same link, Meeting ID, and Passcode Sunday after Sunday. This way, the link won't change week by week. You can launch the link from this transmittal link.

Peace be with you!

There are no changes, just the same info in an abbreviated format. **These are not new, just shortened.**

Join Advent Service via Zoom from PC or tablet

<https://zoom.us/j/93790207331?pwd=NWFhZVhVdEY1Z5dzRCSjNVOzZlZOT09>

Meeting ID: 937 9020 7331

Passcode: 988930

From your smartphone, dial 312 626 6799

Meeting ID: 937 9020 7331

Passcode: 988930

